



ULTRASOUND PROCEDURES

REQUIRED PATIENT PREP

STUDY TYPE	REQUIRED PATIENT PREP
Echocardiogram	No Prep
Vascular <ul style="list-style-type: none"> • Arterial • Carotid • ABI 	No Prep
<ul style="list-style-type: none"> • Venous for VVI 	<ul style="list-style-type: none"> • Patient should be well hydrated: Drink 16 oz of water 1 one hour before the exam • Walk for 5 minutes immediately before the exam. • Do not wear support hose the day before and day of the exam.
<ul style="list-style-type: none"> • Venous for DVT 	Hydrate if possible, otherwise, no Prep
Abdominal <ul style="list-style-type: none"> • Liver • Spleen • Biliary • Renal • Pancreas • Aorta 	<ul style="list-style-type: none"> • Nothing to eat or drink 8 hours before exam. Small sips of water may be taken for dry mouth. Patients should not smoke, chew gum, eat mints or candy before the exam. • At the discretion of the ordering physician, it is recommended that the patient take Gas-X chewable tablets or liquid 30 minutes before the exam. • Take all prescribed medications as directed.
Retroperitoneal <ul style="list-style-type: none"> • Renal vascular • Aorta/mesentary 	<ul style="list-style-type: none"> • Nothing to eat or drink 8 hours before exam. • Small sips of water may be taken for dry mouth. • It is recommended that the patient take GasX chewable tablets or liquid 30 min before the exam.
<ul style="list-style-type: none"> • Kidney/bladder 	<ul style="list-style-type: none"> • Nothing to eat or drink 8 hours before exam, but take all prescribed medications with water as directed. • 90 minutes prior to your appointment, empty your bladder. Then drink one liter of water within the next 30 minutes. • If you have a problem keeping a full bladder, you may arrive early to drink your water at the clinic. If you are too uncomfortable, you may void some urine to relieve the pressure but try not to empty the bladder.